



Renaissance Fitness

Think you can't afford Personal Training?

Think again!

Rates for Local Training

Traditional, Functional and Sports Specific

Value Priced

One person \$15 per half hour-\$30 per hour

Two people \$40 per hour, three people \$50 per hour

The support you need...to succeed

Paul S. Manning *AFAA, AED, CPR*

Personal Trainer

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PLEASE
PLACE
STAMP
HERE

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